# Python For Loops

## Python For Loops

A for loop is used for iterating over a sequence (that is either a list, a tuple, a dictionary, a set, or a string).

This is less like the for keyword in other programming language, and works more like an iterator method as found in other object-orientated programming languages.

With the for loop we can execute a set of statements, once for each item in a list, tuple, set etc.

### Example

Print each fruit in a fruit list:

fruits = ["apple", "banana", "cherry"]

for x in fruits:

print(x)

The for loop does not require an indexing variable to set beforehand.

## Looping Through a String

Even strings are iterable objects, they contain a sequence of characters:

### Example

Loop through the letters in the word "banana":

for x in "banana":

print(x)

## The break Statement

With the break statement we can stop the loop before it has looped through all the items:

### Example

Exit the loop when x is "banana":

fruits = ["apple", "banana", "cherry"]

for x in fruits:

print(x)

if x == "banana":

break

### Example

Exit the loop when x is "banana", but this time the break comes before the print:

fruits = ["apple", "banana", "cherry"]

for x in fruits:

if x == "banana":

break

print(x)

## The continue Statement

With the continue statement we can stop the current iteration of the loop, and continue with the next:

### Example

Do not print banana:

fruits = ["apple", "banana", "cherry"]

for x in fruits:

if x == "banana":

continue

print(x)

## The range() Function

To loop through a set of code a specified number of times, we can use the range() function,

The range() function returns a sequence of numbers, starting from 0 by default, and increments by 1 (by default), and ends at a specified number.

### Example

Using the range() function:

for x in range(6):

print(x)

Note that range(6) is not the values of 0 to 6, but the values 0 to 5.

The range() function defaults to 0 as a starting value, however it is possible to specify the starting value by adding a parameter: range(2, 6), which means values from 2 to 6 (but not including 6):

### Example

Using the start parameter:

for x in range(2, 6):

print(x)

The range() function defaults to increment the sequence by 1, however it is possible to specify the increment value by adding a third parameter: range(2, 30, **3**):

### Example

Increment the sequence with 3 (default is 1):

for x in range(2, 30, 3):

print(x)

## Else in For Loop

The else keyword in a for loop specifies a block of code to be executed when the loop is finished:

### Example

Print all numbers from 0 to 5, and print a message when the loop has ended:

for x in range(6):

print(x)

else:

print("Finally finished!")

## Nested Loops

A nested loop is a loop inside a loop.

The "inner loop" will be executed one time for each iteration of the "outer loop":

### Example

Print each adjective for every fruit:

adj = ["red", "big", "tasty"]

fruits = ["apple", "banana", "cherry"]

for x in adj:

for y in fruits:

print(x, y)

## Test Yourself With Exercises

## Exercise:

Loop through the items in the fruits list.

fruits = ["apple", "banana", "cherry"]

\_\_\_ x \_\_ fruits

print(x)